

Introduction

I have twenty years' experience as a Social Worker (Children) Qualified Coach (ILM level 7) and Counselor. I provide Coaching, Project Consultancy, Training and group facilitation within the statutory, private and voluntary Social Care and Higher Education arenas. I am currently offering leadership coaching to Lancashire and Cumbria Children's Centre's. I provide project consultancy and leadership coaching at Lancaster University as an Honorary Research Fellow. I am delivering Supervision Training in response to the Baby Peter Inquiry, on behalf of the Children's Workforce Development Council and am facilitating a Community of Practice research project for Kings College London.

I utilize an eclectic approach of primarily Solution Focused principles and tools, combined with ideas and methods drawn from Transactional Analysis, CBT and Mentoring. My experience and training has convinced me that people flourish when provided within a safe, robust, reflective space and relationship; to explore their own agenda and pursue their own goals. I have yet to find a more satisfying and interesting way to spend my time or earn a living. I especially enjoy working with young people, who have all their potential in front of them.

I consider myself to be on a journey of discovery throughout my professional and personal life. I attend a Transactional Analysis Development group and have just completed my level 7 coaching certificate and am pushing on for the diploma as part of an MA. I use long distance swimming as a meditation and love the thrill and pleasure of surfing and mountain walking with my friends.

Training provided:

- Solution Focused Coaching Approaches
- Leadership and Management (ILM)
- Organizational Development (Solution Focused & Transactional Analysis)
- Supervision (Licensed; Tony Morrison Model)
- Signs of Safety Risk Assessment (balanced approach to risk assessment)
- Communication and coaching skills
- Group Supervision and Facilitation Skills
- Communication and leadership
- Child Development
- Attachment
- Change Management
- Training for Trainers (John Harris & John Heron Model)
- Solution Focused and TA Approaches to Leadership and Management

Current activities:

Training Consultant coach and facilitator

1995- present

- *Leadership coaching and mentoring*
- *Project facilitation*
- *Training development and delivery*

- *Current customers include: Children's Workforce Development Council, Lancaster, Kings(London)and Liverpool Universities, Cumbria Children's Services, Barnardos training UK , In-Trac Training, CASS (Supported Housing Cumbria), , Carlisle Mencap and The Croftlands Trust (Cumbria).*

Previous Experience

2005-2010

Training Manager: Radical Services Therapeutic Care for looked after children. Part Time

- *Development of comprehensive therapeutic training program based on Solution Focused approaches and Transactional Analysis therapy.*
- *Professional and life coaching to young people, workers and managers*
- *Deliver Solution Focused and Supervision training*

2006- 2007

Senior Social Worker: Child Protection Assessment Team: Bolton Children's Services. Part Time

- *Provide Solution Focused Family Support, Coaching and Therapy*
- *Provide Solution Focused training, coaching and mentoring to social work teams*
- *Case manage a complex case load*

2004- 2006

Child and Adolescent Mental Health Social Worker: Lancashire Children's Services

- *Case manage complex mental health case load*
- *Provide Solution Focused assessment, coaching and therapy*

1991- 2004

Family Support Group Leader and Senior Social Worker: Cheshire Social Services.

- *Supervise, guide and mentor Family Support workers*
- *Case manage complex Family Support case load*
- *Provide Solution Focused assessment, coaching and direct work*

Qualifications

B.A. (Hons) Political Science. Warwick University 1981-1984.

Diploma Adults with learning difficulties, Stockport College, 1986- 1988.

Certificate Counseling, Stockport College, 1991.

Diploma in Social work, Stockport College, 1995.

Training & Development NVQ 3, South Cheshire College, 2000.

NVQ assessor award D32 & D33, 2001.

NVQ V1 award, 2004

Level 7 ILM Executive Coaching and Mentoring Certificate 2011

Training

Therapeutic group intervention, James Walters, NSPCC, 1998.

Brief Therapy, Brief Therapy Centre, London, 2000, 2005, 2007

Gestalt Foundation Course in Psychotherapy, Gestalt Centre, Manchester, 2000.

Training for trainers, John Harris, Gestalt Centre, Manchester, 2001.

Supervision, Tony Morrison, Manchester, 2001.

Training the trainer (Supervision), Tony Morrison, Manchester, 2002.

TA Psychotherapy Foundation, Jane Mc Quillan, Lakeland Institute, 2003- 2005.

Training the trainer (Supervisees), Tony Morrison, Manchester, 2004.

Fresh Marketing, University of Lancaster, 2007

TA Psychotherapy Foundation, John Heath 2007-8

Safeguarding refresher, Radical Services, 2008

TA Organization Development, Annie Murray, 2009 (Current)

Solution Focused Professional, Mark Mc Kergow, 2009-10

Level 7 ILM Executive Coaching Diploma currently undertaking 2010-11