



The programme designed to help you
change your life into one you love

Are you living your life to its full potential?

If the answer is **NO**, then don't miss out on this exciting new programme. It will add direction and focus to your life.

So, if you want to: lose weight, change career,
be more organised, meet new friends, be more positive,
improve self-esteem, and be more confident...

then sign up today!

Comments from previous delegates.

“The course helped me to identify areas of my life that I need to change.”

Cheryl

“The course made me realise that small steps need to be taken - it will not all happen at once.”

Gill

“The course exceeded my hopes.”

Phillip

So, whatever you are looking forward to in life,
don't miss out on this opportunity to be it, live it and love it

Places are limited so book early to avoid disappointment.

Please contact Dawn on **07837 397063** or email dawnb@lovelovelife.co.uk
for full details of the next available course. Venue: Storey Creative Ind. Centre - N1 the train station.