

Parents and young people have reported.

‘Better at handling anger management’

‘Not feeling like the worst parents in the world’

‘Knowing other parents are going through the same’

‘Working together as a team’

‘I think the course has helped me to be a better parent, we are talking and listening a lot more’

‘I understand my mum a lot more’

(Coombes. Et al. strengthening families programme 2009 child abuse review vol 18)

‘The course has given me confidence to try a new approach’

“The course has opened my eyes to my reactions to my children’s behaviour and also how to have a good relationship with my children”

(Action for Children, Lancashire Parenting 2010)

For further information please contact:

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Initial contact with all our clients includes scoping meetings to identify the best programme or package to suit your needs.



Providing support in partnership with schools and parenting organisations, for Parent/Child and family relationships, through group programmes.



Providing support to schools and other agencies, by providing and facilitating evidence based Parenting Programmes.



Working with Pastoral workers, Learning Mentors, attendance officers and all agencies that engage in family support.



Can provide a range of workshops e.g. staff training how to engage with families.

About Us

Susan Faulkner

Freelance parent support

2 years supporting families with complex and multiple needs with the national charity Action for Children

Experience of delivering evidence based programmes in a variety of settings.

Multi agency and partnership working.

6 years experience working directly with parents/young people.

2 years as a qualified Parent Support Advisor.

PTTLS (Preparing to teach in the life long learning sector)

Gina Hacker

Freelance Parent support

10 years experience working directly with parents/young people.

7 years supporting families with complex and multiple needs with Barnardo's in Blackpool and Action for Children.

3 years embedded in Youth Offending Team

Experience of evidence based programme delivery.

PGCE, National Academy of Parent Practitioners Level 3 award.

How will you benefit?

As a caring organisation working with parents, carers, families and children we know the difficulties that can sometimes affect the family environment. We could all do with some extra help, whether dealing with temper tantrums, the teenage years, school refusal, breakdown in communication with our children or general information on what it is like to be a child/teenager in today's society.



Helps to provide parenting programmes to address the needs of the family.



Aims to

- Improve parent/child communication.
- Reduce aggressive or withdrawn behaviour.
- Reduce exclusions.
- Improve attendance and punctuality.
- Improve parent/child and home/school relationships
- Address a lack of pro social goals

Parenting Programmes Delivered

Evidence based programmes; approved by the countywide Lancashire Strategy for working with parents.

Strengthening Families (10-14)

(Both parent & child attend)

Surviving Teenagers

(For parents with children aged 10yrs plus)

Positive Parenting

(Parents with children aged 2-8yrs)

My Mum and Dad Argue a Lot

(Generic)

Additional packages can be made available on request.



Skills mix means that it can also provide supervision to parenting practitioners who would like to be involved in the planning and facilitating of parenting programmes.